

natureco *health centre*

natural medicine and healthcare clinic

Iridology



Iridology is the study of the iris (coloured part of eye) and how the different areas relate to specific parts of the body. Iridology does not claim to detect disease but rather is used to gain a deeper understanding into any underlying weaknesses in the body, which may relate to the general health of a person.

Iridology is primarily used by practitioners as an early warning sign that a certain organ has a potential weakness before the illness itself has manifested. The patient may then be able to support this weakness and prevent the disorder from developing.

Origin

In the latter part of the nineteenth century a Hungarian/Polish boy, Ignatz Peczely, accidentally broke the leg of an owl. As he was bandaging its leg he noticed a black dot in the lower part of the owl's eye. This dot became a black line by the next morning and as the leg healed the black line turned white. On becoming a medical physician later on in life, Peczely began studying his patients' eyes and began recording how the markings related to the illness the patient presented with.

Iridology became popular following the development of Bernard Jensen's DC (1908-2001) iridology chart. He stated that "Nature has provided us with a miniature television screen showing the most remote portions of the body by way of nerve reflex responses".

At Natureco, our Naturopathic practitioners are trained in iridology and will use this information as another piece of the puzzle when constructing your case history and appropriate treatment programs.