

natureco *health centre*

natural medicine and healthcare clinic



Homoeopathy

What is homoeopathy?

Homoeopathic medicine is a system of medicine based on the principle of 'like cures like'. For example, a remedy that causes symptoms when given to a healthy individual can be used to treat those same symptoms in a diseased individual.

The second principle of homoeopathic medicine is that of 'minimum dose'. This relates to the belief, in order able to cure a condition, the smallest dose that initiates the healing response should be used.

In fact, the more a remedy is diluted in homoeopathy the more powerful it becomes. This is the exact opposite to pharmaceutical medicines, that increases dose for a greater effect. This makes homoeopathic preparations very safe and beneficial for all ages, from the new born baby to the oldest grandparent without any serious side effects.

How does it work?

Recent research has shown that the water in which the remedy is repeatedly diluted, still carries the energetic information about the original substance. It has energetically 'imprinted' itself onto the water molecules, even though the original substance has been diluted out. Homoeopathic remedies are generally derived from plants, minerals and animals.

What is it used for?

Homoeopathic remedies can be used for almost any chronic or acute illness. The homoeopathic library is very comprehensive and flexible. Although less common, homoeopathic remedies can be used as preventatives to disease and is also safe to use for pets and farm animals.

At Natureco we stock a broad range of homoeopathics to suit a variety of common everyday conditions. Homoeopathy, as with all treatments, has a few limitations so we recommend a consultation with one of our fully qualified practitioners to ensure the correct remedy for your specific health condition is chosen safely.